



Fit Kids DeWitt Early Out Program



Who: Elementary Age Kids - Grades K-3

What: Fit Kids Program

1.5 hour fitness activities/play/Arts & Crafts
Half hour nutrition education/snack time

When: All Scheduled Early Out days, 1:00-3:00 PM
7 Fall sessions September — December
8 Spring sessions January – May



Where: Students are walked by an adult from Ekstrand to the DeWitt Fitness Center

Why: To have fun, be safe, enhance fitness levels & nutrition knowledge



Drop off or mail forms to the DeWitt Fitness Center 900-14th Street
Minimum 10 / Maximum of 30 students signed up by 8/30/16*
**Program may be full prior to deadline date.*



Please send athletic shoes with your child every time.
Students should be picked up at 3:00pm at the DFC



**FIT KIDS After School Program
2016-2017**

Name: _____

Food Allergies?: _____

Grade: _____ Gender _____
_____ Fall Session Only (\$55) _____ Spring Session Only (\$55)
_____ Full Year (\$100)

Parent Name _____

Parent Cell Phone # _____ Contact # where you are available 1-3pm _____

Parent email address: _____

Parent's Signature: _____



OFFICE USE ONLY	
Payment method: _____	
Check # _____	Amount: _____
Date: _____	Staff: _____